JOB CRAFTING 101

Job crafting enables people to tailor their roles, so they're a better fit.

Job crafting is associated with improved job satisfaction, performance and resilience.

The following pages include:

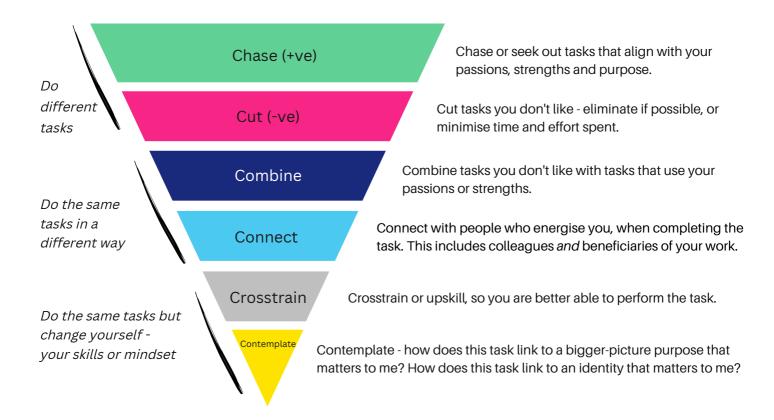
- a framework about WHAT to craft
- interactive activities showing you HOW to craft

Enjoy!

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How to craft specific tasks: the 6C framework



Using the framework for you & your team

Process =

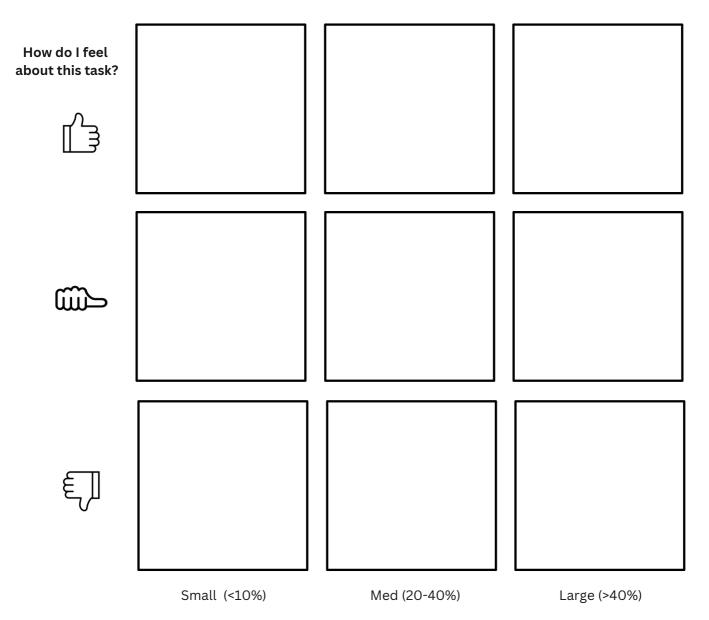
- 1) Map tasks
- 2) Decide which tasks to craft
- 3) Use 6C framework to brainstorm different strategies then select the best ones

Today - using Job Crafting bingo

Thrive

1) Map tasks

- Identify the key tasks you are responsible for in your role, and plot them on the grid. Aim for 4-8 tasks
- Next think of one moment in your career when you felt most alive and most yourself. What were you doing? Pop that task on the grid too.



What proportion of my time is spent on this task?

2) Decide which tasks to craft

- · On the grid circle 3 tasks that you want to craft
 - 1 'good' task that you want to do more of
 - And 2 'less good' tasks that you want to improve
- Transfer these 3 tasks to the Job Crafting Bingo page (next page)



3) Use 6C framework to brainstorm & select best strategies

JOB CRAFTING BINGO! Fill in the cells, then circle the best 3 ideas (1 per column)

	Good task to do more of:	'Less good' task to craft:	Less good' task to craft:
CHASE			
CUT			
COMBINE			
CONNECT			
CROSS- TRAIN			
CONTEMPLATE			